

# ATHLETICS AVAILABLE AT HORACE MANN

<b>INTERSCHOLASTIC SPORTS*</b>			
<b>Name of Activity</b>	<b>Dates of Activity</b>	<b>Description</b>	<b>Who can participate</b>
Cross Country	Fall (August-October)	Students are taught various types of long distance training and participate in 6-8 meets	All students
Football	Fall (August-October)	Students are given an opportunity to experience tackle football. Various skills are taught, defensive and offensive formations, plays, etc. They play 6 games.	8 <sup>th</sup> grade students
Soccer – Boys Soccer – Girls	Fall (August-October) Spring (April-May)	Students learn the skills necessary to participate in competitive soccer. They play 10 games.	7 <sup>th</sup> & 8 <sup>th</sup> grade boys and girls
Girls Softball	Spring (April-May)	Students are taught fundamentals of throwing, hitting & fielding. They play 12 games.	8 <sup>th</sup> grade girls
Girls Swimming	Fall (August-October)	Students learn a variety of swimming strokes as well as participate in ten meets.	All girls
Girls Volleyball	Fall (August-October)	Students learn the skills necessary for competitive volleyball and participate in 10 games.	7 <sup>th</sup> & 8 <sup>th</sup> grade girls
Boys Basketball	Fall-Winter (October-December)	Students are taught skill, fundamentals, offense, defense, as well as good sportsmanship. They play 12 games.	7 <sup>th</sup> and 8 <sup>th</sup> grade boys
Girls Basketball	Winter (January-February)	Students are taught skill, fundamentals, offense, defense, as well as good sportsmanship. They play 12 games.	7 <sup>th</sup> and 8 <sup>th</sup> grade girls
Track	Spring (April-May)	Students learn skills and fundamentals in a variety of events and participate in various competitions	All students
Wrestling	Winter (November-January)	Students are taught wrestling skills and strategies and participate in 6 interscholastic meets & 3 tournaments.	All students

\*These activities are considered interscholastic sports and according to WIAA regulation a sport physical is required every 2 years. The District requires a \$30.00 user fee per sport for all participants.

<b>INTRAMURAL SPORTS**</b>			
<b>Name of Activity</b>	<b>Dates of Activity</b>	<b>Description</b>	<b>Who can participate</b>
Soccer	Fall (September)	Students are taught the basics of soccer, skills, rules, strategy, etc.	6 <sup>th</sup> grade boys and girls
Boys Swimming	November-December	Students are taught the basics of competitive swimming including several strokes, starts & flip turns.	6 <sup>th</sup> , 7 <sup>th</sup> , & 8 <sup>th</sup> grade boys
Girls Volleyball	Fall (October-November)	Students are exposed to the game of volleyball, skills, rules, offense, and defense.	6 <sup>th</sup> grade girls
Girls Basketball	Winter (February-March)	Students are taught the basics of basketball – skills and fundamentals, rules, strategy, etc.	6 <sup>th</sup> grade girls
Boys Basketball	Winter (February-March)	Students are taught the basics of basketball – skills and fundamentals, rules, strategy, etc.	6 <sup>th</sup> grade boys
Golf	April – May	Students are given lessons by golf pros, and are able to play at local golf courses	All students

\*\*These activities are considered intramural sports and therefore no \$30.00 fee is paid and no physical is required. However a \$10.00 fee is required per participant.

**Students should listen carefully to morning announcements for starting dates and sign-up information.**